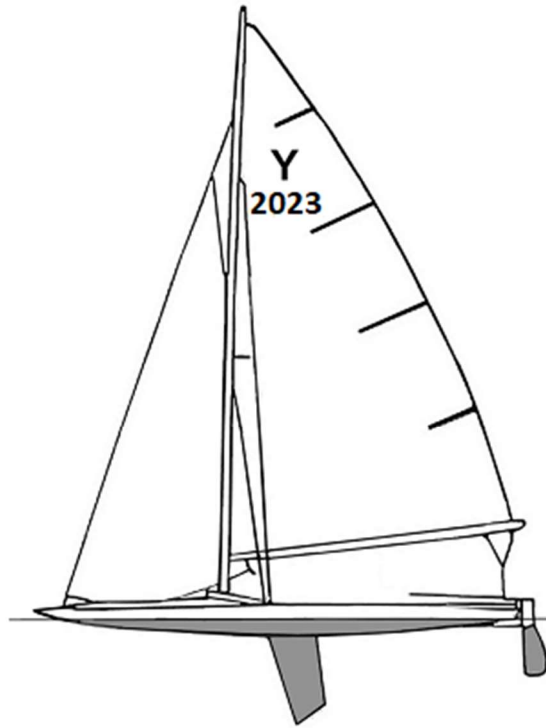


January 2023



The Flyer

Yflyer.org

The Newsletter of the American Y-Flyer Sailing Association



From the President

by Amanda Smith Hodges

Christmas has come and gone, and, yes, my favorite gift giving was sailing gear. I gave spray tops, life jackets, gloves, sailing leggings, and sailing T-shirts. All the best. Although it was 27 degrees in Middle Georgia on Christmas morning, I was anticipating the wonderful sailing we would be doing in just a few short months. The Midwinters can't come fast enough for me.

Check the class web page and the Facebook page on upcoming dates of importance. It's time to mark your calendar and reserve sailing time for you and your family. In today's world, if it's not scheduled, it doesn't happen. To try to keep up with it all I have a kitchen calendar, Google calendar and good 'ole fashioned Day Timer to mark down in triplicate and keep me confused. Not any more organized, but somehow, I feel better. Now if I'd just train myself to look at these calendars.....

Midwinters is March 17-19 at Atlanta Yacht Club. The Hatchers are, again, organizing a weekend of competitive racing, fantastic meals, and ample socializing to start the 2023 racing season. If you haven't sent in your dues to Paul White by now, there is plenty of time to do so AND you can pay at the event. If you are willing to make the trip, AYC will deliver a fun weekend. Break in those Christmas gifts.

Your Sailing Sovereign,
Amanda Smith Hodges
Y 2660

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2023 MidwYnters

by Nile and Lavon Hatcher

Come celebrate the 60th Anniversary of the Y-Flyer MidwYnter Championship Regatta at the Atlanta Yacht Club March 18-19!

Registration is now available on the AYC web site. You can pay at the event, and we will take cash, check, Zell or Venmo.

According to my records **the first MidwYnter Championship Regatta was held in 1963**. The first person to correctly comment where the event was held in 1963 along with the number of boats that competed will win a special prize. Bonus points if you can answer who won that regatta. HINT - it was not at either Lake Norman (20 times hosting) or Lake Murray (19 times hosting), as I was only two when the event took place, so it wasn't me who won.

This year we are offering for sale embroidered sweatshirts. The design was inspired from the Ed Moulthrop painting hanging in the AYC Clubhouse. The finishing touches are being put on the design and they really look great! We will post the design once finalized. We have estimated the cost at \$30/\$33 per, but that could change by just a little either way once the design is complete. Sweatshirts must be ordered in advance no later than March 4.

Shelby and Jonathan are bringing a sampling of their homemade brew and a whole lot of tall tales telling.

Lavon and her crew will be in the kitchen cooking all weekend, so you know you won't go hungry. Troy Davis will once again be our PRO with judging support from Nancy Parson and Edith Collins. Amanda Hodges has graciously agreed to manage housing for the event.

Put this regatta on your calendar and come be a part of history. It's time to get the entire Y family back together, as it has been too long since we had a big blowout reunion.

Looking forward to seeing all the old and new faces in March!



The Orlando clubhouse

Chandler Owen guessed the location was at the Orlando:

Howard Roeschlein correctly named the winner. See the regatta write-up and results below:

60 Years Ago:

FIRST Y-FLYER MID-WINTER REGATTA

ORLANDO, FLORIDA (Fleet 33) February 16-17, 1963

Regatta chairman: Eric Horton

Race Committee Chairman: George Romano

Publicity Chairman, Jack Wilks

Sponsors: Orlando Sailing Association, Orlando Chamber of Commerce, LakeConway Estates and Citizens National Bank.

Trophies presented by Mayor Carr of Orlando

We had 17 boats. All 17 started all races except Spencer Boyd developed a bad cold (understandably) and couldn't make the bell for the last round. I was especially impressed with the Dowdeys (Tim and Maree) who kept plugging right along despite terrible weather.. and Helen Hanley is always impressive.... and did she have a sore looking shin (boat accident). My heart also goes out to Penrod (Simmons) and his daughter, Carolyn. The little gal really showed spunk, especially when they were rammed by port-tacker Bobby Dudinsky in the last race. Bobby's beautifully built Helms boat looks a little worse for wear right now.

All the contestants from out of state pulled in Friday...Spencer Boyd with a flat on his trailer. All were out bright and early Saturday morning but it started raining and I noticed a couple of good bridge games going by the roaring fire. Everything started right on schedule except the presentations, which were delayed 15 minutes because of a protest.

The first race was sailed in an 8-10 MPH breeze from the north. It rained steadily, temperature about 60. Stender was first to the weather mark, followed by Swan, Hathaway, Hanley and Dowdey. Things stayed pretty much that way through the 2nd leg. The final leg (course shortened to a triangle), Stender and Swan hung onto their positions, but Hortons came on past the next five to finish 3rd, followed by Hanley and Hathaway.

The wind had shifted to the northwest and the course was reversed for the 2nd race. Then, at the start, the wind shifted back to north (5-10) again and we didn't have a good beat. Most laid the first mark o.k. We got off to a nice start and led for 2.9 legs, but Randall Swan caught us in a flat spot and we couldn't catch him again. Then Stender caught us at the finish (5th leg). Snyder had held 2nd place most of the race, but got off in a luffing match with 3rd place Stender, while Swan snuck past them both.

The third race Sunday morning was sailed in a 15-20 MPH breeze, again about 60 degrees. There were two perfect beats, 2 sometimes planing reaches, and a run. "Windward" Bill Dickson led at the first mark, but couldn't plane as quickly as Stender and Swan, and soon lost his lead. Jim Brennan was 5th at the end of the triangle but took a flyer on the second beat and almost nosed Stender out. Dickson held on behind Swan. 5th, 6th and 7th were Krawcheck, Simmons and Horton in a tight little group.

I think it was a successful event, despite rotten weather. Orlando would still like to make it a regular event but would really appreciate a second-hand appraisal of its popularity. So, in your travels, perhaps you could get some idea. We will enjoy putting it on, but don't want to jam it down anyone's throat.

Incidentally, we now have seven boats and two more building we'll probably see you somewhere this summer

A word of thanks to Jack Wilks who did an outstanding publicity job for the Regatta. Much newspaper coverage - pictures - articles the works.

Hard luck skipper was John Reynolds who capsized in race number three. Reports have come in that they had a grand time, despite the weather.

1963 Midwinter Results (High Point Scoring System)

1	Louis Stender	Charleston, S. C.	294	1	2	1
2	Randall Swan	Charleston, S. C.	284	2	1	3
3	Eric Horton	Orlando, Fla.	260	3	3	5
4T	Jim Brennan	Cincinnati, O.	242	11	7	2
4T	Bill Dickson	Orlando, Fla.	242	8	6	4
4T	Neil Snyder	Gulfport, Fla.	242	7	4	7
7	Helen Hanley	Camden, S. C.	236	4	9	8
8	Penrod Simmons	Charleston, S. C.	231	10	8	5
9	Gordon Hathaway	Orlando, Fla.	229	5	10	9
10	Tim Dowdey	Columbia, S. C.	216	6	11	13
11	Lenny Krawcheck	Charleston, S. C.	210	14	5	DSQ
12	John Viles	Orlando, Fla.	205	9	DSQ	11
13	Bob Fletcher	Baton Rouge, La.	203	12	16	10
14	Jim Page	Orlando, Fla.	202	13	12	12
15	Bobby Dudinsky	Gulfport, Fla.	190	15	15	DSQ
16	John Reynolds	Orlando, Fla.	189	17	14	DNF
17	Spencer Boyd	Atlanta, Ga.	129	16	13	DNS

2023 Y-FLYER MIDWYNTERS



Y-Flyer MidwYnter Championship

Hosted by the Atlanta Yacht Club and Fleet #1

Friday, March 17

6:00 - 8:00 p.m. Registration and welcome at the clubhouse

Saturday, March 18

8:45 a.m.- Late registration at clubhouse

7:45- 8:30 a.m.- Breakfast at clubhouse

9:15 a.m.- Competitors meeting at pavilion

10:25 a.m.- Warning signal for race 1 with subsequent races to follow ASAP

6:30 p.m. or after racing- Dinner

Sunday, March 19

8:30 a.m.- Breakfast at clubhouse

9:25 a.m.= First warning signal of the day with subsequent races to follow ASAP. No Race will start after 12:00 p.m.

After Racing – Lunch and awards at the clubhouse

2023 Nationals



Augusta Sailing Club

Y Flyer Nationals

Y Flyer Nationals

June 12-16, 2023

Details Coming Soon

Event Chairs- Ed Durant, Chris Norman, and Donna Norman

PRO- Bob Harkrider

When: Monday, June 12, 2023, 8:00 AM until Friday, June 16, 2023, 5:00 PM

Where: Augusta Sailing Club
5462 Sailing Rd
Appling, GA 30802

Event Contact(s): Edward Durant IV
Event Chair
ed@durantdurant.com

Robert Harkrider Jr.
PRO



Chris Norman
Event Chair
freshstart4@hotmail.com

Donna Norman
Event Chair



Category: Regatta/Series Racing

Registration is temporarily unavailable
Payment In Full In Advance Only

Further National Regatta details TBA

2023 AYFSA Dues are Due

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TRY THE SAILS THAT WON THE 2022 MIDWINTERS

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information and pricing on
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2022 Noah B Memorial Regatta at James Island

▶ NOAH B MEMORIAL REGATTA

➤ Me

Y Flyer									
SAILORS	SAIL NUMBER	BOAT NAME	CLUB/ORG	NET	TOTAL	R1	R2	R3	
1 Will Hanckel	USA 2748	None	Carolina Yacht Club SC	5	5	1	2	2	
2 Henry McCray Stephanie McCray	USA 2759	Gratum	SIYC	7	7	2	1	4	
3 David Buckley Oscar Oberle	USA 2564	Chianti	Charleston YC	9	9	3	3	3	
4 Mark Saunders Beth Saunders	USA 2672	Gumby	CoC Sailing Assn	12	12	7	4	1	
5 Bob Turner Brighton Turner	USA 2639	Road Kill	BYSC	15	15	4	6	5	
6 Miles Martschink	USA 2531	None	Carolina Yacht Club SC	16	16	5	5	6	
7 Ed Durant	USA 2377	None	ASC	22	22	6	8	8	
8 Rowan Barnes Ella Smith	USA 2753	Tiger 1	Clemson Sailing Club	23	23	9	7	7	
9 Rachel Rickborn Paige Berta	USA 2628	None	None	29	29	8	9	DNF - 12	
10 Kaleb Marahrens	USA 2717	None	Clemson Sailing Club	29	29	10	10	9	
11 Sam Mensforth Claire Lindeman	USA 2586	None	Clemson sailing	36	36	DNF - 12	DNS - 12	DNS - 12	

How do I get my family sailing?

As a 3rd generation sailor now with 4th and 5th generation sailors in our family, I am often asked, “How did you get so many of your family sailing? What is your secret?” I have thought about the question and attempted to ask myself what is different and what is the same about my family and other families that sail, but for whatever reason didn’t keep the next generation in sailboats.

Let me begin with my analysis of the changes in American families since my youth. Three changes have affected us all: The move to two income households, the introduction of online gaming and social media, and the push of organized sports.

How it was: I was raised, for the most part, in a one income household with a Mom who was a homemaker. She could get the shopping, laundry and cooking done before the weekend when we went to the lake EVERY Friday-Sunday from April thru the Beers in October. We were not given the option to stay back in town. The family went to the lake sailing and that was it. Period. We were used to being sent outside to play and we had ample unscheduled free time. We kids “hung out” together at the lake and used our Sunfish and Moths for sailing, swimming, fishing, and getting from place to place around the lake. Sailboats were not just reserved for scheduled racing. Sure, we had little league sports, but they didn’t start til age 8 or 9 and the extreme competitive aspect didn’t kick in until sometime in middle school. We were still doing pick-up baseball and football in the neighborhood in our teens. We were free-range kids.

How it is now: The pressure to provide more, get ahead or keep up in an inflationary world of ever shrinking savings and retirement plans does not allow for the whole family to ‘go sailing’ every weekend and ignore the yard, housework, chores and next week’s meal plan. Families now cram everything into the weekends. Today kids

as young as 4 are getting their own devices. The addiction to those black boxes is frightening. Sure, they can operate these electronics better than adults, but are they emotionally and cognitively mature enough to understand and process what they see and hear on those things? They seem to zone out and disconnect from those around them. Sports organizations such as soccer, gymnastics, karate, swimming, dance, and even rugby now sign up as young as 3 years old. At THREE! Baseball doesn't stop in June anymore. Football has summer workouts and camps. Sports are not seasonal any more. I spoke to one parent who signed their 8 year old up for rec baseball for the first time and was told that he needed a batting coach. For real? Times are different.

Getting back to the original question: Why does so much of my family sail? And how did I keep them sailing? Sailing is **fun**. It's that simple. None of us, except for Sammy and Clint, have been paid to sail a boat. We sail because we enjoy sailing. We have been hooked on the wind, water, and our sailing community. Shared experiences in life are what bond people together and many of those moments, for us, have been around sailing and boats. Memories of a sunset sail, a crazy capsized, a good regatta finish, some prank pulled at a regatta or sailing camp, and sleeping on a boat under the stars were all some of the BEST memories. Watching a video is NOT the same experience no matter how many times you watch it.

At first, we didn't give our kids an option. During sailing season, unless there was a Saturday morning ball game, the family was at the lake. They could bring a friend, but it was better to find kids of sailors for them to make 'sailing friends' and look forward to time with them on the water. Making sailing convenient, integral, and fun was key. When Optis came along, we put one in on Friday evening and left it at the dock until Sunday afternoon. If they only sailed it 15 minutes around to the swimming dock it was a win for sailing. If they sailed a race they could jump in and drag off the back on the way to the dock. We splashed and raided other boats. If they completed both fleet races we may all go out tubing after sailing. Planning an adventure for them and sending them across the cove with a picnic lunch and fishing pole.

Statistics show that most kids aren't ready for 'sports' until age 8-10 years old when they can understand the rules and are coordinated enough to play the sport. Today, 70% of kids that play a sport will quit by age 13. That's

only 3 to 5 years of doing that sport. Then it's over. And the #1 reason for quitting is — it stopped being fun. The physical demand, peer pressure, time investment, and financial outlay for kid's organized sports becomes too much. And unless there is a place on the school team or a scholarship in the future, why continue?

So, what makes sailing different? Sailing isn't age restricted. I put my kids in a boat as infants. We didn't wait til a certain age to start sailing. My kids 'crewed' with me in races as young as 5. Were we highly competitive? Heck NO! Did they have fun when they sailed with Mom or Dad? ABSOLUTELY. Squirt guns, bubbles and little plastic boats on pull strings were as important as paddles and anchors. If they showed interest in skippering, we put them on the tiller. We encouraged their independence by putting them in their own boat or helping them jump in other boats and sail with friends. But sailing was a family endeavor. It wasn't just for Mom and Dad to share or for the kids at a certain age to sign up for and Mom and Dad would watch from the sidelines. Sailing is a family affair. Although our kids played organized sports when they were young, the *family* sailed. We never presented sailing as a sport that you would age out of or lose the ability to participate.

Sailing is one glue that holds our family together. When I was young, it was a way for my father and me to share something special and to have one on one time together. I cherished us sailing together. My adult children sail to unplug from the digital world, decompress, stay connected to nature and recenter. They know that sailing bridges the generations and stays them through hard times. (Like the teenage years!) Sailing with my grandchildren has become a common ground we both understand and enjoy. I'm terrible at video games and I don't know the difference between Tik Tok and a Jack in the Box but sailing with my grandkids offers the opportunity to share memorable experiences and forge bonds together.

Sailing taught my kids responsibility, safety, work ethic, balance and strength, weather, teamwork, and that failure is expected. Unlike football, soccer, baseball, and many other sports, a child spends hours of practice and if the team loses the game the child doesn't always know what they did or did not do in order to improve in the next game. In sailing, every tack, every jibe, every start is a choice to be made and the feedback is immediate. "I sailed starboard and lost 3 boats." "I started on the pin end and was first to the mark." When you make the

wrong decision, you are right away given feedback and offered the opportunity to learn and use what you learned on the next tack or next leg. Learning is constant. And everyone fails, but those who learn from that failure get just a little better next time.

Sailing is a pastime the whole family can participate in whatever capacity or ability each has. I know that whether you are competitive or prefer just cruising, young or old, tall or short, heavy or light, male or female (or gender neutral) sailing is a sport/passion/pastime that you will have for a lifetime.

Not everyone introduced to sailing stays with it. Not everyone has the opportunity, time, and resources to have sailing be a part of their family. Things like school, jobs and marriage pull many sailors away from the water. But you can always come back. You are never too old, too fat, too weak, too slow to push off the dock with a parent, a child, a spouse, a grandchild, or a friend and share the wind in your face and the water flowing past your hull. No YouTube can replace that.

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